



Alternative Health Networks

The Natural Alternative Since 1974

THE DEVA FLOWER REMEDIES®

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The Deva Flower Remedies are energy medicines produced homeopathically, which are prepared from extracted solarized essences of fresh flowers. These flower remedies principally treat the personality state (*primarily logical and emotional*) of an individual. Many flowers additionally influence a variety of symptoms and health disorders, resulting from mental & environmental stresses. Deva Flowers are partially based upon an earlier system of flower therapeutics, discovered in England, which has more than 60 years of clinical experience throughout the world. Deva Flower Remedies provide a simple, safe, effective, and totally natural means of releasing and clearing mental, emotional, and some physical disorders.

Each healing flower has a distinct signature characterized by the flower's color, smell and shape, plus factors of when, where and how it grows and blooms. This aids in fully defining its particular therapeutic use and value. This signature further relates to each flower's unique healing potential and energy patterns. These patterns correspond to specific bio-electromagnetic energy fields within the body, which affect the logical and emotional aspects of the mind. Deva Flower Remedies, using special combinations of flowers, have the ability to balance and change these energy fields by reducing and enhancing the body's ability to manage or eliminate many forms and types of stress. This allows the body to deal with these various forms of stress in a healthier holistic way. Typically, a new positive outlook is achieved and closed doors begin to open.

The Deva Flower system of flower therapeutics has resulted from over a quarter century of research, development, and clinical experience. All together, more than 100 flower essences are used to create an extremely powerful system of composite homeopathic-style flower remedies. The Deva Flowers essences are entirely made up of composite remedies.

To select a specific Deva Flower Remedy, you need only identify the primary state of a mental or mood disorder that is manifesting within you. Then make a selection of the best remedy from the list of descriptions in this booklet. Each remedy has been created to bridge a range of mental, emotional, or physical disorders under a generalized complaint, which is generally the Product name. Deva Flowers are completely pure, natural, and harmless, even when taken in large quantities. Being self-adjusting, any medicines, drugs, food, or health practices, you may be taking or following will not affect them. CAUTION: Due to the possible interference by Deva Flowers (*specifically from the 8% brandy that is contained within a Deva Flower Remedy*) with the effectiveness of some Pharmaceuticals, we recommend that they not be taken together. Always consult your health Professional first.



NOTE: *For maximum effectiveness, we recommend you use no more than three remedies during the same time-period. First-Aid Remedy, Fearfulness, Allergies/Asthma, Cold-Relief Remedy, Immunity and Radiation/Pollution are not subject to this rule and can be taken in addition to other remedies. When taking more than one remedy, its best to take them a few minutes apart.*

For best results, take 3 drops under the tongue or in water per dose. When taking the drops under the tongue, avoid touching the glass dropper to prevent contamination and maintain the remedy's highest potency. Take as often as necessary (minimum of 5 minutes apart) whenever an acute mental condition or emotional stressor is experienced. For chronic conditions (*long-*

term), continue to take the remedy 4 times per day, until an emotional or mental change is obvious. Often this change will take place as a physical improvement. (NOTE: one bottle can last up to 50 days, per the labels instructions)

The strength of a remedy may be amplified by: 1) Holding the dosage under your tongue for 30 seconds, 2) using an affirmation for a successful change (*your own or the positive thought listed with each remedy in this brochure*), 3) drinking all day from a water bottle filled with spring water and 7 drops added (*shaking the container least 10 times to potentized it*) and 4) shaking the remedy bottle (*10 times*) to activate its life force prior to taking a dose. Sometimes it can take as long as several months to affect a successful change in the case of chronic conditions.

Deva Flowers can also be added to your bath water (*21 drops*) or to lotions, salves, and shampoos (*7 drops*) for topical application. Animals have responded well to Deva therapeutics too. Adding 7 drops of a specific remedy to the drinking water of any pet (*shake water mixture 10 times before pouring into bowl*) will affect changes in their habits, actions, and disposition, while increasing their overall health.



Each of the following remedies contain a highly-potentized aqueous solution of 8% alcohol and a powerful blended remedy of five to eight fresh flower essences. Additionally, in certain remedies there are homeopathic ingredients added (also shown in italics). The alcohol content assures an extended shelf life of more than three years when the bottle is unopened, and up to one year after it is opened.

ADDICTIONS (1002) - *Agrimony, California Poppy, Morning Glory, Red Poppy, Self-Heal, Scullcap, Walnut and Wild Mountain Iris flowers.* **General nervous and addictive habits. Drug addiction, alcoholism, smoking, overeating, etc. Useful in treating the mental aspect of a given addiction. Positive Thought:** I feel full, complete and whole at all times.

ALLERGIES/ASTHMA (1005) - *Crab Apple, Impatiens, Mimulus, Pansy, Red Eucalyptus, Shasta Daisy, Star Jasmine and Stinging Nettle flowers.* **For those who have a fear of breathing problems. Aids deep breathing, clears nasal passages and sinuses, and fights breathing related bacterial and viral inflammations. Helps stimulate self-acceptance and love. Positive Thought:** My breathing is always easy and natural. I am the breath of life.

ANGER/RESENTMENT (1010) - *Bee Balm, Holly, Horehound, Squash, Willow, Yucca and Zinnia Flowers.* **For those who experience explosive anger, bitterness, rage, hate, suspicion, unchecked temper, and vengeful thoughts. Those who cannot accept unresolved conflicts. Positive Thought:** I release blame and resentment through understanding and forgiveness.

ANXIETY (1020) - *Agrimony, Aspen, Bottlebush, Impatiens, Red Chestnut, White Chestnut and Chamomile flowers.* **Nervous thoughts, restless, distressed, unsettled feelings, anxiousness for others and/or timid and insecure thoughts. Very effective for the person on the go. Positive Thought:** I am calm, collected and having inner peace at all times.

CENTERING/FOCUS (1030) - *Gentian, Larkspur, Madia, Manzanita, Sagebrush, Squash, Sweet Clover and White Sage flowers.* **Those lacking concentration, easily influenced and distracted or needing enhanced focus. Having tendencies toward being flighty and ungrounded. Published in multiple books on ADD and ADHD. Positive Thought:** I am always clear, centered and have direction in my life.

CHANGES/TRANSITION (1035) - *Aspen, Impatiens, Mimulus, Rock Rose, Saguaro Cactus and Walnut flowers.* **Very useful with any life changes. Aids in coping with moves, menopause, new jobs and schools, breakups, puberty, mid-life crisis, divorce death, etc. Effective for hyperactive children. Positive Thought:** I welcome change in my life, it always brings growth.

CLEANSING REMEDY (1040) - *California Poppy, Chaparral, Crab Apple, Ocotillo, Star Jasmine flowers and Lycopodium Moss extract.* **Exceptionally useful for preparing body for other Remedies or Products. General mental, emotional and body cleansing. Relieves feelings of uncleanness, poisons, and toxins. Positive Thought:** I am clean in body, mind and soul.

COLD RELIEF REMEDY (1042) - *Centaury, Dill, Eucalyptus, Pansy, Scleranthus, Walnut, Wild Chamomile flowers and Lycopodium Moss extract.* **Clears cold and flu symptoms and fights associated bacterial and viral inflammations. Aids the clearing of feelings of confusion**

and overwhelm. Can help in cleansing the immune system. Positive Thought: I am always healthy, while maintaining a clear head at all times.

CONFUSION/OVERWHELM (1045) - *Dill, Olive, Self-Heal, Shasta Daisy, Scleranthus, White Sage, and Wild Chamomile flowers.* **Aids in clearing uncertainty, indecision, hesitancy and mental fatigue. Supports mental and emotional clarity and balance. Excellent for older age and excessive mental stress. Positive Thought:** I am clear and able to handle any situation that presents itself.

DEPRESSION/GLOOM (1050) - *Blackberry, Borage, Calendula, Gentian, Mustard and Scullcap flowers.* **For those over-shadowed by dark clouds or having a disassociated mental state. Feeling the blues, being down, disheartened, trapped, discouraged or having great sorrow. Recommended for those who need strong emotional support. Positive Thought:** I feel full of life. I smell the flowers and know everything is alive.

DESPAIR/HOPELESSNESS (1060) - *Crab Apple, Gorse, Mustard, Oak, Scotch Broom and Sweet Chestnut flowers.* **For those having unbearable anguish, limited endurance, and struggling in life. Useful for pessimistic feelings, people that can't cope with life or a given situation. Having an attitude of strong indifference & complacency or extreme desperation. Positive Thought:** My life is fulfilled, as I always keep my dream alive.

DOUBT/LOST FAITH (1070) - *Cerato, Gentian, Purple Penstemon, Self-Heal, Sweet Chestnut and Wild Oat flowers.* **For doubt caused by uncertainty, indecision, delays, blockages or unfilled dreams and expectations. Builds perseverance, self-esteem and trust. Useful for those who don't like to make decisions or who have lost their faith. Positive Thought:** I will continue to persevere until success is mine.

FATIGUE/EXHAUSTION (1090) - *Binweed, Bottlebrush, Elm, Hornbeam, Olive, Petunia and Wild Mountain Iris flowers.* **Extremely helpful for those who are tired, burned out, burdened by life, and under excessive performance pressure. Strengthens a lack of vitality and energy associated with a physical or mental breakdown. Great in relieving symptoms of Chronic Fatigue Syndrome, ADD and ADHD. Positive Thought:** I always have the strength and vitality to accomplish anything I desire.

FEARFULNESS (1100) - *Aspen, Blackberry, Cherry Plum, Garlic, Mimulus, Red Chestnut and Rock Rose flowers.* **Great for fear of flying, darkness, being attacked, aging and dying, being alone, illness, accidents, heights, etc. For those dreading life or feeling panicky and terrified. Very useful in treating anxious thoughts. Highly recommended in numerous Publications. Positive Thought:** I fully accept my life and know my world is completely safe.

FIRST-AID REMEDY (1110) - *Cherry Plum, Clematis, Impatiens, Rock Rose, Star of Bethlehem flowers and Homeopathic Arnica extract.* **Gives instant relief and healing during following emergencies, accidents, shock, injury, insect and animal bites, or anything that can cause extreme distress, trauma, shock and terror. Positive Thought:** I remain calm and balanced during any emergency or accident.

FLOW/EXPANSION (1115) - *Blue Penstemon, Goldeneye, Red Poppy, Rosemary, Saguaro Cactus, Walnut and Wild Morning Glory flowers.* **Develops an attitude of expansiveness and unlimitedness, moving out of one's head into higher feelings. Breaks stuck patterns and aids one to proceed in life through acceptance and growth. Highly useful for self-realization and self-growth through meditation. Positive Thought:** I am forever expanding my horizons with song and dance. I'm living my dream.

FORGETFULNESS (1120) - *Chaparral, Chestnut Bud, Clematis, Gentian, Indian Paintbrush, Saguaro Cactus and White Sweet Clover flowers.* **For memory lapses and loss, wandering thoughts, lack of alertness and attentiveness, unconsciousness, senility and amnesia. Effective with other Remedies and Products. Positive Thought:** I am always alert and attentive.

FRUSTRATION/IRRITATION (1122) - *Chaparral, Daffodil, Impatiens, Lotus, Morning Glory, Potentilla, Wild Mountain Iris and Willow flowers.* **Develops relaxed thoughts regarding others or actions. Helps with impatient, irritable, and restless thoughts. Breaks down blocked or annoyed feelings. Being crabby, on edge, having PMS symptoms, or having insomnia. Positive Thought:** I am always calm and joyful, as my life is a perfect unfolding mosaic.

GRIEF/LOSS (1125) - *Blackberry, Borage, Fuchsia, Honeysuckle, Pine, Star of Bethlehem, Walnut and Wild Rose flowers.* **Helps in the grieving process when a loved one, a friend, one's job, or a relationship, ends. For those feeling despondent, lethargic, apathetic and having repressed emotions regarding the loss. Greatly useful when a loved one passes on. Positive Thought:** I am free to show my grief, emote my loss and get on with my life.

GUILT/SELF BLAME (1130) - *Daffodil, Hyssop, Lotus, Pine, Squash, Wild Mountain Iris and Wild Rose flowers.* **Useful for those harboring feelings of self-criticism, sexual guilt, self-denial and self-blame for the faults of oneself and others. Builds self-acceptance and strength of the heart. Positive Thought:** I accept, fully forgive and love myself.

IMMUNITY (1135) - *Chaparral, French Rose, Hawthorne, Indian Corn, Lotus, Morning Glory and Pine flowers.* **Stimulates and strengthens the immune system and aligns all body meridians. Clears repressed emotions and eases physical disorders resulting from mental and body misalignment. Helpful for easing symptoms of CFS. Positive Thought:** I am perfectly aligned and protected.

INADEQUACY/FAILURE (1140) - *Elm, Larch, Larkspur, Saguaro Cactus and Wild Mountain Iris flowers.* **For those who feel defeated and unqualified, limited, and incapable. Highly useful for feelings of sexual inadequacy. Helps with those who are expecting failure, perhaps because work is too hard or not enough time to complete. Builds self-confidence and trust. Positive Thought:** I expect success and know my life works.

JEALOUSY/COMPETITIVENESS (1145) - *Bull Thistle, Blue Penstemon, Holly, Saguaro Cactus, Water Violet and Willow Flowers.* **Highly constructive in allowing jealousy to melt away. Clears envy, greed, feelings of lack, the need to be first/on top or coveting what others have. Builds a cooperative and supportive attitude. Very effective with children and pets. Positive Thought:** I am complete within myself and have an unlimited outlook on life.

JUDGMENT/CRITICALNESS (1152) - *Beech, Chicory, Dill, Grape Vine, Pine and Wild Bergamot flowers with Rock Water.* **For those who are intolerant, hard taskmasters, not excepting self and the ways of others. Tend to unjustly correct and criticize others. Builds a sense of inner peace through a tranquil & joyful soul. Positive Thought:** I strongly love and except myself and others.

MENOPAUSE RELIEF (1153) – *Blackberry, Mimulus, Ocotillo Tree, Squash, and Walnut flowers.* **Aids women having rather severe menopausal emotions, including extreme nervousness, depression, crying spells, irritability, insomnia, headaches, etc. Positive Thought:** I am calm and balanced with my Change of Life.

NEGATIVE/INFLUENCES (1155) - *Centaury, Madia, Pennyroyal, Sagebrush, Walnut and White Yarrow flowers.* **Useful for those who are easily disturbed, distracted, and influenced by negativity. Protects those vulnerable to mental, emotional or psychic attack. Builds a presence of inner strength and self-trust. Positive Thought:** I am always positive, despite any adverse influences in my life.

RADIATION/POLLUTION (1165) - *Agrimony, Crab Apple, Eucalyptus, French Rose, Mimulus, Rock Rose and White Oleander flowers with Seawater.* **Clears fears and the effects of electromagnetic, toxic and environmental pollution, including radiation sickness. Activates the immune system and strengthens the nervous system. Note: To purify a glass of water (add 7 drops). Positive Thought:** I am protected from the effects of a toxic environment.

REJECTION/ABANDONMENT (1175) - *Chicory, Heather, Mimulus, Morning Glory, Rosemary and Saguaro Cactus flowers.* **For feeling possessive, deserted, discarded, secluded or forsaken. Helpful for self-realizations regarding events in childhood. Builds a state of inner-strength, balance and peace. Positive Thought:** I feel balanced and strong within myself.

SELF-ESTEEM (1180) – *Blue Penstemon, Rock Rose, Rosemary, Vervain, White Chestnut, White Yarrow, and Willow flowers.* **For those feeling withdrawn, easily angered and irritable, or experiencing a tremendous lack of confidence to carry on their life's work. Promotes a**

beautiful state of inner peace and ecstasy. Positive Thought: I present inner peace, balance, and love in every action of my life.

SHY/SENSITIVE (1185) - *Agrimony, Mimulus, Pink Yarrow, Saguaro Cactus and White Yarrow flowers.* **Highly useful by those overly sensitive to controversy, arguments and strife. Feeling nervous, not being liked, teased or being someone's 'laughing stock'. Being extremely vulnerable to emotional and psychic attack. Builds self-worth. Positive Thought:** I feel totally secure, knowing my inner strength and worth.

SMOOTH BIRTHING (1190) - *Aspen, Bowl Gourd, Impatiens, Mimulus, Rock Rose, Squash, Vervain and Walnut flowers.* **Fearful and tense about birth and anxious for fast delivery. Makes pregnancy, birthing, transition and postnatal periods easier. Acts as a completely safe pain reliever during labor. Positive Thought:** I am relaxed and peaceful, as my pregnancy and birthing unfolds.

STRESS/TENSION (1200) - *Aspen, Dandelion, Impatiens, Lotus, Sweet Chestnut, Vervain, Wild Chamomile and White Chestnut flowers.* **Reduces mental strain and pressure associated with various forms of stress. Relaxes tense muscles and calms and strengthens the nervous system. Eases headaches and other physical/mental pain. Positive Thought:** I am relaxed and peaceful, accepting life as it unfolds.

TORTURED THOUGHTS (1205) - *Agrimony, Aspen, Clematis, Daffodil, Morning Glory, Pennyroyal and White chestnut flowers.* **Useful for those tormented, restless, and obsessed with persistent negative thoughts. Helps with thinking too much. Effective for bad dreams, feelings of disaster, and/or paranoia. Positive Thought:** I am calm and peaceful, as I watch my thoughts go 'bye'.

WORRY/CONCERN (1210) - *Agrimony, Bush Mallow, Chicory, Red Chestnut and White Chestnut flowers.* **Develops inner-trust instead of constant worrying. Helps to deal with issues of survival, aging, death, being alone, and failure, etc. Hidden worries or concern over an misfortune befalling yourself, a loved one or others. Positive Thought:** I accept life with trust and love.

"Behind all disease lies our fears, our anxieties, our likes and dislikes. Let us seek those out and heal them, and with the healing will go the disease from which we suffer. Thus there is no true healing unless there is change in outlook, peace of mind and inner happiness."
- Dr. Edward Bach

Dr. Edward Bach (pronounced Ba-che), a well-known English Homeopathic Physician, in the early 1930's discovered a system of flower therapeutics for treatment of mental and personality types, using a grouping of English-derived flower essences. Since Dr. Bach's passing, flowers from many other countries have been discovered for treating an expanded repertory of emotional and physical complaints. Alternative Health Networks honors the work done by Dr. Bach and many others, while continuing to expand this important field through research of new remedies and therapeutic techniques.

100% Money-Back Guarantee

The Deva Flower Remedies are guaranteed to be pure, natural, completely safe and highly effective. If for any reason you are not fully satisfied, return the Deva Flower bottle to the place where it was purchased within 30 days for a full refund. Please retain your receipt.

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